



# Hike for Hospice Palliative Care

## How You Can Help!

**Celebrate a Life!** Hike in honour of someone living with a life-limiting disease, a caregiver, or in memory of a person who was special to you. Wear their favourite colour, make their favourite fashion statement. Be creative!

**Collect donations!** From your friends, family, neighbours and co-workers. The top fundraisers will be eligible to win prizes!

**Challenge other teams!** Join the Prince Edward Family Health team, or the HPE Volunteer hiking team, or create your own team and put out the challenge!

**Recruit others to support our Hospice!** Tell people about why you are participating in this exciting event, and challenge them to do the same.

**Encourage donations !** If someone is keen to support Hospice Prince Edward but can't attend on the day, encourage them to visit our website at [hospiceprinceedward.ca](http://hospiceprinceedward.ca), where they can donate on-line, or call us at 613 645-4040. Or, better yet, have them drop by our offices at 40 Downes Avenue, Picton.

**HAVE FUN!** This is a wonderful family friendly event. Come on out and have fun. Please note that pets are welcomed on the hike, but are not permitted in the community centre.

## Registration Opens at 9 AM Hike starts at 10:30 AM

For more information or to register online, visit our website  
[www.hospiceprinceedward.ca](http://www.hospiceprinceedward.ca)

or call 613 645-4040

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*Come hike with us!*

## 8th Annual Hike for



**HOSPICE**  
Prince Edward

**SUNDAY, MAY 5**

Prince Edward  
Community Centre

**100%** of all funds raised  
in our community stay in  
our community



